



Alexander Le

MD + MPH

Hometown: Sugar Land, TX

Undergraduate Institution: University of Houston

Undergraduate Degrees: BS in Honors Biomedical Sciences

Why do you want to be a physician?

My decision to pursue medicine was driven by the values instilled in me by my family and my community - to serve others. Fundamentally, a physician's role is to care for patients, their families, and their communities. Among other professions that help people, medicine aims to understand the roots of human suffering; by recognizing people's harm, both biological and emotional, we are then equipped with the tools needed to address it on an individual and societal level. As a physician, I hope to serve others with compassion, while understanding the privilege that comes with serving others.

Why did you choose Texas A&M College of Medicine?

I chose Texas A&M due to its focus on serving under-served populations across Texas, the MD Plus Program, as well as TAMU COM's welcoming environment. My first time meeting current students and the interactions that followed showed me the supportive nature of the Aggie family, something that I hope to contribute to for future students.

Why did you choose to pursue a graduate degree in addition to the MD?

In learning from public health mentors and physician-leaders, I saw how the competencies gained through an MPH can be valuable in tackling health inequities. I hope to adopt a more interdisciplinary mindset in learning how to respectfully and effectively work with communities. There is growing evidence that one's zip code is the biggest predictor of one's health. Through obtaining my MPH and adopting a community-oriented focus towards practicing medicine, I aim to play my part in making this no longer the case - ensuring that all people receive equitable health outcomes, regardless of where they live.

What are your career goals and how do you feel the MD Plus Program will help you?

As a physician, I hope to use my background in public health to serve as an advocate for my patients and the needs of my community, working with local organizations in implementing effective health interventions and supporting legislation that reduces health inequities. Though I have a long way to go before deciding on a particular field, I hope to work closely with local or state health departments in pursuing these goals.