



Abigail Adamarola

MD + MPH

Hometown: Houston, TX

Undergraduate Institution: University of Houston

Undergraduate Degrees: BS in Biology

Why do you want to be a physician?

I want work within the system to advocate for those groups of people that the healthcare system has not historically worked in their favor. Communities that feel unseen or unheard in the healthcare realm.

Why did you choose Texas A&M College of Medicine?

I really enjoyed the warm, cooperative, and supportive environment. I felt that I could reach out and ask for support in whatever form or shape that I needed in order to help me be successful. I didn't feel like I would have to "go it alone" instead it felt like there would always be someone in my corner.

Why did you choose to pursue a graduate degree in addition to the MD?

I felt it was important to get an understanding of not only how disease works biologically in an individual but to get a fuller sense of all the factors that impact health whether positively or negatively within communities. What can make us sick and what can make us better is much bigger than biological or individual factors.

What are your career goals and how do you feel the MD Plus Program will help you?

Although I'm not sure which specialty I'll ultimately decide on I do know that wherever my medical career takes me my goal will always be work to create a better healthcare experience for patients. The MD Plus program has provided a route that has allowed me to accomplish one of the important steps needed to reach my future goals.