

# NOVEMBER NEWSLETTER

Texas A&M College of Medicine Student Diversity and Inclusion Committee

## Upcoming Events

### **November 10th-30th: Stomp out the Stigma Mental Health Awareness 5K cohosted by SNMA and WiM**

Please join SNMA and WiM in raising mental health awareness and stomping out the stigma associated with seeking mental health support.

[Register here.](#)

### **Friday, November 13th, 12 PM: Speaker Event with Dr. Sohrabji**

Please join APAMSA and Women in Medicine to hear about Dr. Sohrabji's experience as a South Asian woman in medicine and her path to the top of her field in sex and age differences in cerebrovascular disease.

[Zoom Meeting ID: 969 9722 3501](#)

### **Monday, November 16th 8-9 PM: Diwali Celebration hosted by APAMSA and the MI Social Chairs**

Please join us to learn more about this Indian Festival of Lights! Be sure to submit a picture of your original Rangoli for a chance to win prizes!

[RSVP and submit your Rangoli here.](#)

[Zoom Meeting ID: 951 6275 4297](#)

### **Thursday, November 19th, 12 PM: Health and Wellness Grand Rounds featuring Dr. Natalie Crawford**

Please join WiM and Health and Wellness as Dr. Natalie Crawford speaks on Fertility and Family Planning for Health Care Team Members.

[Zoom Meeting ID: 991 0044 8734](#)

[Passcode: 204351](#)

### **Monday, November 23, 12 PM: D&I November Roundtable with Dr. Brooke Linsenbardt.**

In recognition of National Native American Heritage Month, Dr. Brooke Linsenbardt will discuss the legacy of historical trauma and current health disparities in Indigenous communities. [RSVP here.](#)

[Zoom Meeting ID: 998 5275 5618](#)

## NOVEMBER RELIGIOUS HOLIDAYS

- 1: All Saints Day (Christianity)
- 2: All Souls Day (Christianity)
- 4: Karwa Chauth (Hinduism)
- 14: Diwali (Hinduism, Sikhism)
- 15: Vikram New Year (Hinduism)
- 16: Bhai Dooj (Hinduism)
- 20: Chhath Puja (Hinduism)
- 22: Christ the King (Christianity)
- 24: Martyrdom of Guru Tegh Bahdur (Sikhism)
- 29: Advent begins (Christianity)
- 30: St. Andrew's Day (Christianity)
- 30: Kartik Purnima (Hinduism)
- 30: Birthday of Guru Nanak (Sikhism)

## D&I IN STEM FIELDS

- [Science's English dominance hinders diversity—but the community can work toward change](#)
- [Trends in Race/Ethnicity Among Applicants and Matriculants to US Surgical Specialties, 2010-2018](#)
- [At the top of her field, a Covid-19 researcher fights back against a different kind of virus: sexism and power imbalances in science](#)

## Upcoming Events (Continued)

- **Are you a first generation college or professional school student?** [Register and share your story here](#) to stay up to date on any first generation student events and have a chance to be featured on the D&I website!
- **In lieu of D&I's November Multicultural Potluck, we are collecting recipes to share in the form of a recipe book!** Share your favorite recipe from your culture by [following this link!](#)

## October Review

- October 12th, 12PM: LMSA's Latinx Physician Experience Abroad with Dr. Florez and Dra. Frias.
- October 18th, 2-5PM: Allies Advance Workshop with MedPride and Aggie Allies.
- October 22nd, 12PM: APAMSA presents "The Yellow Peril and Politics" presented by Stephen Chao.
- October 28th, 12PM: WiM Grand Rounds "The Plight of Women in Radiology" presented by Dr. Birkemeier and Dr. Haberman.

## Health Disparities and Current Events

### Telehealth Care Access Yields Health Disparities Amid COVID-19

Individuals with chronic illnesses experience health disparities in telehealth care access, as seen in research from Baylor.



Source: Getty Images



## SOCIAL MEDIA

Follow us on Instagram  
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## RESOURCES FOR GETTING INVOLVED IN CURRENT EVENTS

[COVID-19 Health Equity Resources compiled by the American Medical Association](#)

[Resources for Engaging in Antiracism Work](#)

[COVID-19 in Racial and Ethnic Minority Groups: What You Can Do from the CDC](#)

[Native American Heritage Month Resources](#)

[Domestic Violence Prevention and Awareness Month Resources from TAMU Health Promotion](#)

[National Disability Employment Awareness Month TAMU LibGuide](#)

## SUGGESTIONS?

Have suggestions for D&I at A&M? Please click [here](#) to leave an anonymous comment!